



## PROGRAM

**Thursday March 14 2024**

### Hand and Wrist Anatomy

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15:00-15:25

#### **Presentation**

**Francisco Javier Ferreira Villanova, MD, PhD**

Course Director

**Rosario Trinidad Trinidad, MD**

Medical Director of the U. Hospital San Rafael. Madrid

15:25-15:30

#### **Inauguration of the course**

**Fernando Jiménez Díaz, MD, PhD**

Ultrasound Spanish Society President

15:30- 15:50

#### **Basic principles of ultrasound.**

#### **Peculiarities in the management of ultrasound applied to the hand and wrist**

**Ricardo Aguiló Vega, MD**

Medical Specialist in Occupational Medicine

# III HAND AND WRIST ULTRASOUND COURSE

(LEVEL 1)

## PROGRAM

Thursday March 14 2024

15:50-16:50

### Ultrasound anatomy of the wrist

15:50-16:10

Anatomy of the extensor compartments

**Fernando Jiménez Díaz, MD, PhD**

16:10-16:30

Anatomy of carpal tunnel and Guyon's canal

**Sebastian Kluge, MD**

16:30-16:50

Osteoarticular and ligamentous anatomy

**Francisco Javier Ferreira Villanova, MD, PhD**

16:50-17:20

### Live demo

17:20- 17:40

### Coffee break

17:40- 20:00

### Hands on lab: us with models by groups



MADRID

March 14-15  
2024



## PROGRAM

**Friday March 15 2024**

08:30-09:35

**Ultrasound anatomy of the hand**

08:30-08:45

Anatomy of the extensor apparatus

**Fernando Jiménez Díaz, MD, PhD**

08:45-09:05

Anatomy of the flexor system of the Hand:  
flexor tendon, pulleys and volar plate

**Fernando Corella Montoya, MD**

09:05-09:20

Anatomy of the intrinsic musculature of the hand

**Francisco Javier Ferreira Villanova, MD, PhD**

09:20-09:35

Osteoarticular and ligamentous anatomy of the hand

**Sebastian Kluge, MD**

09:35-10:00

**Live demo**

10:00-12:00

**Hands on lab: us with models by groups**

12:00-12:20

**Coffee break**

# III HAND AND WRIST ULTRASOUND COURSE

(LEVEL 1)

## PROGRAM

Friday March 15 2024

12:20-13:40

**Basic pathology in hand and wrist**

12:20-12:35

D'Quervain's disease and extensor tenosynovitis

**Fernando Jiménez Díaz, MD, PhD**

12:35-12:55

Carpal tunnel syndrome and peripheral nerve injuries  
in wrist and hands

**Sebastian Kluge, MD**

12:55-13:10

Tumor lesions in wrist: ganglions and other lesions

**Fernando Jiménez Díaz, MD, PhD**

13:10- 13:25

Flexor stenosing tenosynovitis: trigger finger

**Francisco Javier Ferreira Villanova, MD, PhD**

13:25-13:40

Dupuytren disease

**Fernando Corella Montoya, MD, PhD**

13:40-14:30

**Lunch break**



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## PROGRAM

**Friday March 15 2024**

14:30-15:20

**Introduction to ultrasound-guided procedures**

14.30-14:50

Set up: what do I need? how do I do it?

**Fernando Jiménez Díaz, MD, PhD**

14:50-15:05

Please, make it easy. Tips & tricks

**Francisco Javier Ferreira Villanova, MD, PhD**

15:05-15:20

Practical explanation of ultrasound-guided procedures  
with a novel synthetic model

**Fernando Jiménez Díaz, MD, PhD**

15:20-17:00 **Practice with ultrasound-guided model**

17:00-17:20 **Coffee break**

17:20-18:00

**Clinical cases presentation**

**Conclusions and closing**

**Francisco Javier Ferreira Villanova, MD, PhD**

18:00- 19:30

**S.E.ECO accreditation exam. Enrolled students**

Additionally, from 6:00 p.m. the Wrist and Hand Ultrasound Level I Accreditation tests will be carried out.  
You can register through: <https://aymon.eu/eventos/seeco-mano-2024-inscripcion-iii-curso-nivel-1/>